Jewish World Watch is an organization that fights genocide and mass atrocities in Sudan and Congo. Through education, advocacy, and development, we work with our on the ground partners to improve the lives of survivors and help to build the foundation for a safer world. Each and every day, we work to enact the change we wish to see in the world. We acknowledge, however, that this change does not happen overnight, and that our efforts do not yield immediate results.

The Mi Shebeirach is a prayer for healing; healing of the mind, body, and spirit. While traditionally offered as a prayer for the healing of others, tonight we offer the Mi Shebeirach as a prayer for healing ourselves, from the inside out, to provide us with the strength we need to continue our sacred work.

A Prayer for Healing

*Mi shebeirach avoteinu v'imoteinu*
May our God and the God of our ancestors
Grant us the courage to fight the injustice of our world.

May the Source of Life bolster us with the fortitude to stand against the iniquity that threatens to overwhelm us.

When we begin to think that our cries are falling on deaf ears, help us remember that it is not our duty to complete the work, but neither are we free to desist from it.

When we begin to feel our spirits flagging and our bodies tiring, grant us the hope and strength we need to march toward a better world for *all* people.

When we begin to worry that our work is for naught, remind us that saving even one life is as if we are saving the entire world.

When we begin to feel defeated and our will to enact change waivers, reinvigorate our souls and breathe into us a new breath of life.

Let us never doubt that, together, we can change the world.

O Source of Strength, may it be Your will to revive our souls and grant us a complete renewal of our minds, our bodies, and our spirits.

*Ken Y'hi Ratzon.*
May it be Your Will, God.
*Amen.*

*Composed by Deana Sussman*
*Jewish World Watch Harold M. Schulweis Rabbinic Intern 2012-2013*